

## A Beginner's Guide to Tabling

Tabling is a very good way to educate people about single payer and how they can get involved in the California OneCare Campaign. All that's required is to set up a table with informative literature in a busy area of an event, town, school or park and staff it with people who really care about getting universal health care for all Californians.

Setting up a table at an event does take some work; but it's well worth it. Some of the things you can accomplish include:

- Providing new activists with a relatively easy way to be involved in the campaign;
- Reaching a large number of people who might otherwise never know anything about single payer except what they hear from the mass media;
- Talking to people one on one about single payer and responding to their concerns;
- Encouraging others who care about single payer to become involved as activists;
- Raising money for the California OneCare Campaign; and
- If you have a regular place and time for your tabling, it's a perfect way for people to get to know their local single payer activists and about SB 810.

In order to have a successful tabling experience, here's what you'll need:

- Find a good location or an event (check your community calendar to find an event);
- Get permission to set up your table;
- Secure a table and a couple of chairs (it's always better to have at least two people);
- Decide what materials to display at your table. Here are some suggestions (some can be downloaded from the California OneCare website):
  - California OneCare Sign Up Sheet
  - California OneCare Volunteer/Donation Form
  - Parasite CEOs Flyer
  - SB 810 Benefits Flyer
  - 10 Reasons Flyer
  - Flyers about local single payer events/activities
  - Materials for sale (t-shirts, DVDs, etc.)
  - Donation Jar/Can – clearly labeled (keep a little money in it to encourage others and keep an eye on it!)
  - If you have a laptop, you could show the DVD, “California OneCare: Full Care, For All, For Less,” let people sign up or make donations online.

If appropriate consider a letter writing campaign to your state representatives. You'll need:

- Writing Paper & Pens
- District Senate & Assembly Representative Addresses
- Bullet Points for Letters to Representatives

Above all, relax and have a good time. You'll be meeting new people. Many of them will already agree with you in principle. Let the people you talk to know something about yourself and why you believe a single payer system is the only answer to our health care crisis. Let them know how you got involved.

Finally: Everywhere you go, be sure to clean up after yourself and leave things better than you found them.



**“Full Care, For All, For Less”**

**[CaliforniaOneCare.org](http://CaliforniaOneCare.org) or call 888-442-4255**